



THE **"WHY I GOT
ALOPECIA AND WHAT
TO DO ABOUT IT"** GUIDE



THE WHAT

WHAT IS ALOPECIA?

Alopecia is the medical term for hair loss, you can use both interchangeably. Alopecia is also referenced as the autoimmune disease that produces hair loss. Alopecia is one of over 140+ autoimmune diseases. In this case, alopecia attacks your hair follicles, producing hair fallout and shed. there are various types of alopecia including alopecia areata, alopecia totalis, alopecia universalis, AGA or female pattern baldness, telogen effluvium, difuse and many others.

REASONS

There are many reasons why you get alopecia; there are many factors involved. It's not just one thing or another; it's a combination of factors. In this same manner, we can begin to heal as we look at every part of health and well-being. In my own experience, having gone through alopecia for over three years, I realized there were many things as a child or adult that were not healthy for me. The disease doesn't happen overnight even though it seems that way. The disease occurs when we live in a manner that is not healthy and it compounds or accumulates, we later see a full-blown disease which thankfully can be reversed through our proved method. Our bodies are sounding the alarms and the hair loss is the alarm sounding, but nonetheless many times there are other symptoms including brittle nails, ridges on nails, or pitting, digestive issues, high emotions, depression, anxiety, fatigue, sleepless nights and many more.

Did you know that 90% of clients start to see hair growth in less than 8 weeks inside the Hair N' Heal program? If you are still dealing with hair loss, this can stop on average in 4 weeks or less!



WHY DID I GET ALOPECIA?

DID YOU KNOW?

That 25% of people who have one autoimmune disease, go on to acquire a second and even a third autoimmune disease! Not doing anything is not an option if you want a healthy life! In addition, the sooner you take action steps towards healing the sooner hair begins to grow!

SO WHAT CAN YOU DO?



WHAT ARE YOUR OPTIONS?

CONVENTIONAL

Conventional Medicine offers cortisone shots, creams and pills which all have side effects, long term and short term effects. It also has no guarantees of long term hair growth. Thus, many live with a vicious cycle of hair growth and hairloss until the meds no longer work. See side effects Freebie for full list.

ALOPECIA ANGEL

Our proven method has now helped hundreds of children, adults and families heal in less time, in more than 60 countries around the world. Taking control of your own health and hair growth puts you in the driver's seat for results and hair growth in less time. Our proven method and framework break down your personal situation and tweaks the areas you need to see hair, health and happiness sooner. Our method is safe, organic, and 100% natural, we have treated clients as young as 8 months to over 75 years of age.





**SO WHAT CAN
YOU DO?**



**WHAT ARE YOUR
OPTIONS?**

ALOPECIA ANGEL

It's never too late and you are never too old to start healing and reversing your hair loss. It works for many types of alopecia including some scarring. When you are in control— the possibilities are endless. No side effects, all-natural for full hair growth that lasts long term and for a lifetime.

Our strategy is to give you full control so you can optimize and ensure your hair growth continues

even after the program— for life.
Hair and health is in your hands.



HAIR N' HEAL

A PROGRAM THAT CAUSES HAIR GROWTH

From alopecia universalis
to hair growth
in less than 10 weeks



5 weeks



10 weeks

CLIENT
SUCCESS
STORY

The process I had before finding you was sheer panic, feeling so lost, defeated, sad, overwhelmed, doctors just wanting to give my 2 year one steroids and I knew there had to be more to it than that and I wasn't taking that as the answer. I was so relieved to find u. I had hope again! I'm getting teary-eyed thinking about it. Thank you for what you're doing.





EXPERIENCE

Alopecia Angel was created because we too have suffered through it and found a way out.

There is another option, there is a safe and supportive option to healing and reversing alopecia. This is not your destiny, this is not where your life ends, this is a lesson that is teaching us what we need to learn. It taught me so much and I am grateful for the journey as I am able to give back and help others reduce hair loss, reduce suffering, reduce the struggle and show them the path toward hair growth in less time. Anyone with a desire to heal can do this! In any country, nothing special is needed except an internet connection and a willingness to heal!

PROVEN RESULTS

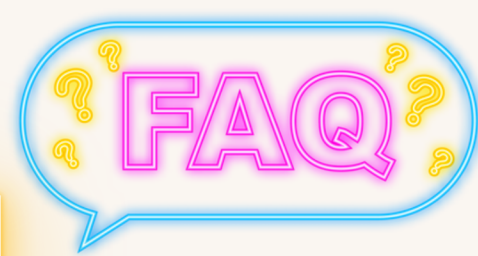
More than 8+ years later, after covid, after a pregnancy at 40, after multiple stressful events, moving and more... I still have my hair and health... this is possible for you too! Learn the insider secrets and get your hair growing in less time. We have a proven method that is customized and tailored to each client, having seen exceptional results in alopecia areata, totalis, universalis, AGA, androgenic alopecia, diffuse, telogen effluvium and many more... See success stories and social media for the latest healing stories!

We focus on creating health from within. We hone in our research and results through experience, gained knowledge and implement accordingly to each client showing them the way; we look at root causes and teach you how to overcome alopecia once and for all. Everything.

WHAT?

HOLISTIC + ORGANIC

We focus in creating health from within. We hone in our research and results through experience, gained knowledge and implement accordingly to each client showing them the way; we look at root causes and teach you how to overcome alopecia once and for all. Everything is tailored to your needs and person.



HAIR N' HEAL

This program is a step-by-step 8-week course that gives you everything you need and more!



Q: I am a vegan/ vegetarian/ pescatarian/meat-eater, can you still accommodate me?

A: Yes, this program easily accommodates your diet restrictions.

Q: I have a child with Alopecia can I do the program for them?

A: Yes, many parents do the program for their children and see results in less than 2 months. The whole family is involved and supporting the child with Alopecia. It becomes a win-win situation as everyone gets healthier together.

Q: What is the format of the Program?

A: The program is completely online. There is a member portal to which you will be entered and you will have access to the information immediately, on a weekly basis. Since many clients are in different time zones, you have all week, when your schedule allows you to see and take in the content.

Q: Can you help people with alopecia and thyroid issues or disease?

A: Yes we can! We have seen the reversal of symptoms for thyroid issues and some clients even reverse their Grave's disease or Hashimoto's diagnosis. They also saw hair growth during the program and afterwards!

Q: Can we work with you even though I am working with another practitioner, naturopath, doctor, etc?

A: Yes you can. Many times clients like to keep their practitioner and also implement new learnings from the Hair N Heal program into their treatment with their other practitioner. That's ok and we accommodate for that.

Q: What happens to the 10% who don't see hair growth in 8 weeks?

A: Everyone's body is different, depending on how well you follow the program, it might take a little more time, which is ok. Remember, it took me over 3 years to barely see hair growth... a few more weeks until hair growth comes is ok. Sometimes there are blindspots to work through and these are a work in progress. Yes, 90% see hair growth in 8 weeks or less, but if you happen to be apart of the 10% then there is a little more work to be done and again, everyone's journey is different and it's not one size fits all. Enjoy the journey and if you need extra help and support and access to the program, then we can always accommodate and help! We want to see you succeed, and just because it may not happen as quickly, does not mean it won't happen. Take it from someone who tripped over several blind spots for months and years until seeing hair growth and now 100% FULL HEALTH. You can do this, we have seen it be done and starting with the evaluation will give you the keys to unlock your personal success.

Alopecia Angel

HAIR N' HEAL

This program is a step by step 8 week course that gives you everything you need and more!



Q: When is your Next Program?

A: Programs are offered periodically, sign up to be the first one notified and placed on the waitlist:
www.alopeciaangel.com/alopeciaprogram

Q: How soon can I expect results? Where does the hair grow first?

A: I cannot predict where the hair grows first, but more than likely it will be hair on the head and facial hair. (eyebrows, eyelashes, beard for men) Clients see results as soon as week 3, others take a little longer. It all depends on how you follow the program, implement everything, and also every one of us is different, our bodies are different and some have other ailments beyond alopecia. But regardless of the situation, the success rate to see hair growth in less than 8 weeks is 90%!

Q: How long is the Program for?

A: The Hair N' Heal Program is 2 months long or 8 weeks total.

Q: What types of Alopecia Have You Had Success With?

A: Alopecia Areata, Alopecia Totalis, Alopecia Universalis, AGA, diffuse, female pattern baldness, Telogen Effluvium, Traction, stress-induced hair loss, and Frontal Fibrosing and some scarring. We have treated children as young as 8 months to adults over 70 years of age. Its never too late to heal!!

Q: Can I upgrade at anytime?

A: You can upgrade your program within the first week

Q: How do I know this will work for me and my type of hairloss?

A: Great question! This program puts YOU in the DRIVER'S seat.. you have full control of your results, you have full access- the more you implement the greater the results! Results are no longer determined by a serum, shampoo, or a product.. it's determined by your implementation with a tailored approach and a strategy for high-performance hair growth! This is why personal evaluation is key along with recommending tailoring things to you. Are you ready? Your hair is waiting...

Q: Does this program help people with alopecia due to hormones, menopause, peri menopause?

A: Yes it does and we have seen it occur in numerous clients. Don't think that just because you have other concerns around age or cycle or health conditions that you cannot get your health and hair back! We teach you how step by step. Additionally we have our Hormones and Thyroid Masterclass that deep dives into this area and in the evaluation we tailor this to you!



WHAT'S NEXT?



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- Instagram: www.instagram.com/alopecia_angel
- YouTube: www.youtube.com/alopeciaangel



LISTEN TO OUR PODCAST

<https://www.alopeciaangel.com/alopeciapodcast>



HAVE QUESTIONS?

Email us: hello@alopeciaangel.com



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